# SUNDAY

# MAKING MEMORIES

step into

gathered

AROUND OUR TABLE

EMBER INNS

# STARTERS & SHARERS

### Sticky Crispy Chicken 5.99

Tender bites glazed in chipotle chilli relish. 642 kcal

Beer-Battered Mushrooms<sup>\*</sup> V 5.29 Served with a cool sour cream dip. 284 kcal

Garlic Ciabatta V 420 kcal 5.29

() Cheesy Garlic Ciabatta V 616 kcal 6.29

### Spicy Chicken Sharing Nachos 10.29

Tortilla chips topped with spicy chicken fries, cheese sauce, southern gravy, guacamole, jalapeños and spring onions.  $1035\,kcal$ 

### Nachos V

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeño peppers and spring onions.

Regular 497 kcal 5.49 | Large (To share) 915 kcal 8.79

Salt & Pepper Calamari 5.99

Served with a lemon mayonnaise. 324 kcal

### Tomato & Roasted Red Pepper Soup V 4.99

Served with warm crusty ciabatta bread and butter. 330 kcal Vegan serve available Ve 256 kcal

### EMBER CLASSICS

### Hunter's Chicken Schnitzel 12.79

Breaded chicken breast, topped with BBQ sauce, back bacon and melted mature Cheddar. Served with skin-on fries and a dressed side salad. *1370 kcal* 

### Haddock and Chips 12.49

Freshly battered haddock, served with seasoned chips, mushy peas and tartare sauce. *1149 kcal* **ADD** White Bloomer Bread & Butter V 345 kcal +99p

ADD Wholemeal Bloomer Bread & Butter V 318 kcal +99p

#### Rainbow Lasagne Ve 10.29

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad.  $444 \, kcal$ 

#### Grilled Fillets of Sea Bass 13.29

With sauté potatoes, king prawns, peas and free-range hollandaise sauce. 824 kcal

### Beef & Red Wine Lasagne<sup>\*</sup> 10.99

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 724 kcal

### Chicken, Bacon and Avocado Salad 11.29

Chargrilled chicken breast, back bacon, ripe avocado, fresh sliced tomatoes and little gem lettuce tossed in a zesty dressing.  $570\ kcal$ 

### Avocado and Mixed Grain Salad Ve 9.69

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. *442 kcal* 

ADD Halloumi Skewer V440 kcal +3.00 Chicken Tandoori Skewer 212 kcal +3.49

Looking for a burger? See the back page of this menu for our full burger range

## FROM THE GRILL

Our steaks are expertly aged for depth of flavour and served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries.

80z<sup>#</sup> Sirloin Steak 1129 kcal 15.99 80z<sup>#</sup> Rump Steak 974 kcal 13.99

DOUBLE UP 8oz<sup>#</sup> Rump Steak 498 kcal +4.50

MAKE IT SAUCY FOR 1.49

Peppercorn Sauce<sup>\*</sup> 82 kcal Beef Dripping Gravy 157 kcal Chimichurri Ve 280 kcal

### SWAP TO CAJUN-TOPPED FRIES V FOR 50p +111 kcal

### ORDER FROM YOUR TABLE

No need to get up – we'll bring your pub favourites to you. Scan the QR code, find your local and place your order. Sit back, relax and enjoy!



# Sundays Together

### SUNDAY MAINS

All of our Sunday mains are served with crisp roast potatoes, roasted root vegetables, steamed greens, Yorkshire pudding and a rich gravy.

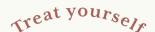
Slow-Cooked Rib of Beef 14.49 Bone-in beef rib. 1058 kcal

Half Roast Chicken 13.49 With stuffing wrapped in bacon. 1435 kcal

Hand-Carved Gammon 11.99 With stuffing wrapped in bacon. 1117 kcal

Sunday Duo 13.99 Gammon and roast chicken, stuffing wrapped in bacon. 1491 kcal

Mushroom and Spinach Wellington<sup>\*</sup> Ve 11.49 Served with baby glazed potatoes, fresh roasted root vegetables, steamed greens and a jug of rich gravy. 979 kcal



### SELECTED STARTERS AND DESSERTS ONLY 2.50

Enjoy selected starters and desserts for just 2.50 each when you order one of our Sunday Mains.

Look out for 🚯 symbol for dishes included.

Please order all courses at the same time for the offer to apply.

# SUNDAY SIDES

Fresh Roasted RootVegetables Ve2.79Parsnip, carrots and red onion. 100 kcalSteamed Greens Ve2.79Green cabbage, leeks and peas. 87 kcalYorkshire Puddings V2.79 285 kcal

Stuffing Wrapped in Bacon 2.79

Dauphinoise Potatoes V2.79 406 kcalRoast Potatoes & Gravy2.79 364 kcalCauliflower Cheese V2.79 310 kcalGarlic Ciabatta V2.79 223 kcalCheesy Garlic Ciabatta V3.29 321 kcal

### **ENJOY ANY 3 SUNDAY SIDES FOR ONLY 6.49**

Please order all items at the same time for the offer to apply.

# LITTLE ONES' SUNDAY MAINS

All children's Sunday mains are served with crisp roast potatoes, roasted root vegetables, steamed greens, Yorkshire pudding and gravy.

**Chicken 5.49** 551 kcal

497 kcal

Bone-in Beef Rib 5.49 605 kcal

### ADD ANY LITTLE ONES' STARTER and/or DESSERT FOR JUST +£1.00 EACH

See our Little Ones' menu for full details. Please order all courses at the same time for the offer to apply.

Belgian Chocolate Brownie Sundae V 534 kcal

Vanilla Ice Cream V 550 kcal

Little Jude's Fruit & Veg Rocket Ice Lolly V 23 kcal Berry Mess V 124 kcal

# BURGERS

All our burgers are served with skin-on fries V

### Ultimate Burger 13.79

Beef burger, fiery chicken fries, cheese and back bacon topped with cheese sauce and onion fries served with southern gravy in a brioche-style bun.  $1186\ kcal$ 

### Falafel & Spinach Burger V 11.29

Topped with Cathedral City<sup>\*</sup> plant-based slice. Served on a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce. *879 kcal* Vegan serve available *Ve 570 kcal* 

### Hot and Spicy Chicken Burger 12.29

Hot and spicy coated chicken fillet topped with cheese, back bacon, hash brown and southern gravy in a brioche-style bun. *1050 kcal* 

#### **Cheese and Bacon Burger**

Topped with Monterey Jack cheese and grilled back bacon. Served in a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce.

Beef Single 879 kcal 11.99 | Double 1021 kcal 13.49

Chargrilled Chicken Breast Single 905 kcal 11.99 | Double 1074 kcal 13.49

### ADD A LITTLE EXTRA FOR 99p

BBQ Sauce Ve 181 kcal Onion Fries V 90 kcal Cheese V 65 kcal Bacon 75 kcal

SWAP TO CAJUN-TOPPED FRIES V FOR 50p +111 kcal

### DESSERTS

#### Apple & Blackcurrant Crumble V 5.99

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 441 kcal

### C Sticky Toffee Pudding V 5.79

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 266 kcal

### Chocolate Orange Sponge Pudding V 5.99

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. *767 kcal* 

### Caramel Cheezecake Ve 6.29

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. 681 kcal

#### Belgian Chocolate Brownie V 5.79

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce.  $864\,kcal$ 

#### Biscoff<sup>\*</sup> Sundae V 5.99

Vanilla pod ice cream topped with fluffy cream, Biscoff® biscuits and Biscoff® sauce. 1030 kcal

### Strawberry & Raspberry Eton Mess Sundae V 5.99

Pieces of melt-in-your mouth meringue with fluffy cream, fruit and vanilla pod ice cream. 673 kcal

### Best of Both

### ENJOY A MINI PUDDING & TEA OR COFFEE FOR 5.99

Mini Belgian Chocolate Brownie V 537 kcal

Mini Strawberry & Raspberry Eton Mess Sundae V 345 kcal

#### Adults need around 2000 kcal per day.

*V* - made with vegetarian ingredients, *Ve* - made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know <u>before</u> ordering.

All calories are correct at the time of menu print. Live nutrition information is available online. All items are subject to availability. Fish dishes may contain small bones. #All weights stated are approximate and prior to cooking. \*This dish contains alcohol. Prices include VAT at the current rate. Biscoff® is a registered trademark of Lotus Bakeries. Cathedral City® is a trademark owned by Dairy Crest Limited, trading as Saputo Dairy UK. ~Not applicable for decaffeinated coffee (not Rainforest Alliance certified). +Available as part of selected hot drinks, please ask our team.