

SUNDAY

*step into*  
**COSY  
MOMENTS**  
*gathered*  
**AROUND  
OUR TABLE**

# STARTERS & SHARERS

**🌱 Garlic Ciabatta (V) 385 kcal 5.29**

**🌱 Cheesy Garlic Ciabatta (V) 580 kcal 6.29**

**BBQ Chicken Wings 6.29**

Coated in classic BBQ sauce. 374 kcal

**Sweet Chilli Chicken Wings 6.29**

Salt & pepper chicken wings served with sweet chilli sauce. 404 kcal

*Our Favourite*

**Spicy Chicken Sharing Nachos 10.49**

Tortilla chips topped with spicy chicken fries, cheese sauce, sour cream, southern gravy, guacamole, jalapeños and spring onions.

1111 kcal

**🌱 Beer Battered Mushrooms\* (V) 5.49**

Served with garlic mayonnaise. 318 kcal

**🌱 Spiced Parsnip & Sweet Potato Soup (V) 5.29**

Served with butter and seeded farmhouse sliced bread. 394 kcal

**🌱 Vegan serve available (VE) 301 kcal**

**Salt & Pepper Calamari 6.29**

Served with sweet chilli sauce and a lemon wedge. 228 kcal

**Nachos (V)**

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeño and spring onions.

**🌱 Regular 497 kcal 5.79**

**Large (To share) 915 kcal 8.99**

## OUR EMBER CLASSICS

**Hunter's Chicken Schnitzel 13.29**

Breaded chicken breast, topped with BBQ sauce, back bacon and melted mature Cheddar. Served with skin-on fries and a dressed side salad.

1370 kcal

*Our Favourite*

**Posh Fish and Chips 13.99**

Two hand-battered sea bass fillets, served with seasoned chips, mushy peas and tartare sauce. 1234 kcal

**Grilled Seabass Fillets 13.99**

Delight in our perfectly grilled seabass, served on a vibrant sweet potato and chickpea curry, complemented by Tenderstem® broccoli. 719 kcal

*Our Favourite*

**Rainbow Lasagne (VE) 10.49**

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. 444 kcal

**Beef & Red Wine Lasagne\* 11.29**

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 706 kcal

**Chicken, Bacon and Avocado Salad 11.49**

Chargrilled chicken breast, back bacon, ripe avocado, fresh sliced tomatoes and little gem lettuce tossed in a zesty dressing. 570 kcal

**Avocado and Mixed**

**Grain Salad (VE) 9.89**

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. 442 kcal

**ADD Halloumi Skewer (V) +422 kcal +3.00**

**ADD Chicken Tandoori Skewer +212 kcal +3.49**

**ADD Sweet Potato, Chickpea & Apricot Falafel\* (VE) +137 kcal +3.00**

## On the Side

**Seasoned Chips (V) 2.79 403 kcal**

*Our Favourite*

**Cajun-topped Fries (V) 3.79**

Cajun-dusted skin-on fries with spicy mayo. 494 kcal

**Skin-on Fries (V) 2.79 384 kcal**

**Dressed Side Salad (VE) 2.79 75 kcal**

**Onion Fries (V) 2.79 181 kcal**

**Mac & Cheese (V) 2.79 392 kcal**

**Garlic Ciabatta (V) 2.79 205 kcal**

**Cheesy Garlic Ciabatta (V) 3.49 303 kcal**

## FROM OUR GRILL

*Our steaks are expertly aged for depth of flavour and served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries.*

**8oz<sup>#</sup> Sirloin Steak 1146 kcal 16.79**

**8oz<sup>#</sup> Rump Steak 990 kcal 14.99**

**DOUBLE UP 8oz<sup>#</sup> Rump Steak +408 kcal +5.00**

**Mixed Grill 17.29**

Grilled 5oz<sup>#</sup> rump steak, chargrilled chicken breast, thick-cut gammon steak, two British farm-assured pork sausages and two free-range fried eggs. 1658 kcal

**DOUBLE UP 5oz<sup>#</sup> Rump Steak +156 kcal +4.70**

**MAKE IT SAUCY FOR 1.79**

Peppercorn Sauce\* 82 kcal

Beef Dripping Gravy 157 kcal

**UPGRADE TO CAJUN-TOPPED FRIES (V) FOR 1.00 +111 kcal**

Adults need around 2000 kcal per day.

# Sundays Together

## SUNDAY MAINS

All of our Sunday mains are served with crisp roast potatoes, mixed greens, braised red cabbage\*, roasted carrots, Yorkshire pudding and a rich gravy.

### Slow-Cooked Rib of Beef\* 14.99

Bone-in beef rib. 1100 kcal

### Hand-carved Turkey\* 13.99

with stuffing wrapped in bacon. 971 kcal

### Hand-carved Gammon\* 12.49

with stuffing wrapped in bacon. 1042 kcal

### Sunday Duo\* 14.49

Succulent gammon and turkey, with stuffing wrapped in bacon. 1170 kcal


### Spinach & Mushroom Wellington\* (VE) 12.49

Enjoy a hearty Wellington filled with spinach and mushrooms, served with vegan gravy. 1052 kcal

*Treat yourself*

## SELECTED STARTERS AND DESSERTS ONLY 2.50

Enjoy selected starters and desserts for just 2.50 each when you order one of our Sunday Mains.

Look out for  symbol for dishes included.

Please order all courses at the same time for the offer to apply.

## SUNDAY SIDES

### Yorkshire Puddings (V) 2.79 285 kcal

### Stuffing Wrapped in Bacon 2.79

444 kcal

### Cauliflower Cheese (V) 2.79 310 kcal

### Mixed Greens (VE) 2.79 83 kcal

### Braised Red Cabbage\* (VE) 2.79

160 kcal

### Roast Potatoes and Gravy 2.79

299 kcal

## ENJOY ANY 3 SUNDAY SIDES FOR ONLY 6.49

Please order all items at the same time for the offer to apply.

## LITTLE ONES' SUNDAY MAINS

All children's Sunday mains are served with crisp roast potatoes, mixed greens, roasted carrots, Yorkshire pudding and gravy.

### Chicken 5.99 538 kcal

### Bone-in Beef Rib 5.99 592 kcal

## ADD ANY LITTLE ONES' STARTER and/or DESSERT FOR JUST +£1.00 EACH

See our Little Ones' menu for full details.

Please order all courses at the same time for the offer to apply.

### Belgian Chocolate Brownie Sundae

(V) 532 kcal

### Little Jude's Fruit & Veg Rocket Ice

Lolly (V) 23 kcal

### Vanilla Ice Cream (V) 496 kcal

### Berry Mess (V) 127 kcal

# BURGERS

All our burgers are served with skin-on fries (V)

*Our Favourite*

## Ultimate Burger 13.99

Beef burger, fiery chicken fries, cheese and back bacon topped with cheese sauce and onion fries served with southern gravy in a brioche-style bun. 1186 kcal

## Falafel & Spinach Burger (V) 11.49

Topped with Cathedral City® plant-based slice. Served on a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce. 886 kcal

Vegan serve available (VE) 577 kcal

*Our Favourite*

## Hot and Spicy Chicken Burger 12.49

Hot and spicy coated chicken fillet topped with cheese, back bacon, hash brown and southern gravy in a brioche-style bun. 1050 kcal

## Cheese and Bacon Burger

Topped with Monterey Jack cheese and grilled back bacon. Served in a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce.

### Beef

Single 886 kcal 12.29 | Double 1029 kcal 14.29

### Chargrilled Chicken Breast

Single 913 kcal 12.29 | Double 1081 kcal 14.29

### ADD A LITTLE EXTRA FOR 1.00

BBQ Sauce (VE) 181 kcal | Onion Fries (V) 90 kcal  
Cheese (V) 65 kcal | Bacon 75 kcal

### UPGRADE TO CAJUN-TOPPED FRIES (V)

1.00 +111 kcal

### HALLOUMI FRIES (V)

2.00 +49 kcal

# DESSERTS

## 🍷 Apple & Blackcurrant Crumble (V) 6.29

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+222 kcal) or thick custard (+86 kcal). 430 kcal

*Our Favourite*

## 🍷 Sticky Toffee Pudding (V) 5.99

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+222 kcal) or thick custard (+86 kcal). 266 kcal

## 🍷 Chocolate Orange

### Sponge Pudding (V) 6.29

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 765 kcal

## 🍷 Caramel Cheezecake (VE) 6.29

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. 681 kcal

*Our Favourite*

## 🍷 Crème Brûlée (V) 6.29

Indulge in our rich custard base topped with a layer of caramelized sugar, served with Biscoff® biscuits. 404 kcal

## 🍷 Belgian Chocolate Brownie (V) 5.99

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. 843 kcal

## 🍷 Biscoff® Sundae (V) 6.29

Vanilla pod ice cream topped with fluffy cream, Biscoff® biscuits and Biscoff® sauce. 1025 kcal

## 🍷 Strawberry & Raspberry

### Eton Mess Sundae (V) 6.29

Pieces of melt-in-your mouth meringue with fluffy cream, fruit and vanilla pod ice cream. 671 kcal

# HOT DRINKS



100% Arabica  
RFA certified coffee~.

Our 100% Arabica RFA certified coffee offers a medium body and delicate taste~.

## Espresso 9 kcal 2.79

## Americano 11 kcal 2.99

## Latte 108 kcal 2.99

**ADD Vanilla Syrup 34 kcal +50p**

**ADD Caramel Syrup 32 kcal +50p**

## Cappuccino 151 kcal 2.99

## Mocha 157 kcal 2.99

## Flat White 84 kcal 3.29

## Iced Black Coffee 9 kcal 3.29

**ADD Vanilla Syrup 34 kcal +50p**

**ADD Caramel Syrup 32 kcal +50p**

## Tea 2.49

Choose from: Breakfast Tea, Earl Grey, Peppermint, Green Tea or Fruit Infusion 0 kcal

## Hot Chocolate 3.29

For the real chocoholic! 132 kcal

**ADD Baileys® 158 kcal +2.00**

All hot drinks are served with a Biscoff® biscuit (V) 18 kcal.

Decaffeinated and milk alternatives† available upon request.

Adults need around 2000 kcal a day.

(V) – made with vegetarian ingredients, (VE) – made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know before ordering.

All calories are correct at the time of menu print. Live nutrition information is available online. All items are subject to availability. Fish dishes may contain small bones. \*All weights stated are approximate and prior to cooking. †This dish contains alcohol. Prices include VAT at the current rate. Biscoff® is a registered trademark of Lotus Bakeries. Cathedral City® is a trademark owned by Dairy Crest Limited, trading as Saputo Dairy UK. Baileys® and Guinness® are a registered trademark of Diageo. ~Not applicable for decaffeinated coffee (not Rainforest Alliance certified). †Available as part of selected hot drinks, please ask our team.