EATS



EMBERINNS

STARTERS & SHARERS

Sticky Salt & Pepper Chicken 7.29

Tender bites glazed in sweet chilli. 889 kcal

Chargrilled Lamb Koftas 7.29

With pink pickled onions, chilli relish, fiery jalapeño tzatziki and crispy onions. 420 kcal

Panko-Breaded Butterflied Prawns 7.29

Served with chipotle chilli relish. 180 kcal

Beer Battered Mushrooms* (V) 6.29

Served with garlic mayonnaise. 318 kcal

Our Favourite

Spicy Chicken Sharing Nachos 10.99

Tortilla chips topped with spicy chicken fries, cheese sauce, sour cream, southern gravy, guacamole, jalapeños and spring onions. *1111 kcal*

Sharing Nachos (V) 9.49

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeños and spring onions. $915\,kcal$

Spiced Parsnip & Sweet Potato Soup (V) 5.99

Served with butter and seeded farmhouse sliced bread. 394 kcal Vegan serve available (VE) 301 kcal

Our Favourite

Salt & Pepper Calamari 7.29

Served with sweet chili sauce and a lemon wedge. 228 kcal

Sweet Potato, Chickpea & Apricot Falafel* (VE) 7.29

With pink pickled onions, chilli relish and crispy onions. 225 kcal

Halloumi Fries (V) 7.29

Crispy halloumi fries with Roquito $^{\text{\tiny{TM}}}$ hot honey, a perfect mix of sweet and spicy. $494\,kcal$

Garlic Ciabatta (V) 385 kcal 6.29

Cheesy Garlic Ciabatta (V) 580 kcal 7.29

OUR WINGS

BBQ Chicken Wings

Coated in classic BBQ sauce, served as:
Regular 374 kcal 7.29 | Large (to share) 1419 kcal 12.79

Hot & Fiery Chicken Wings

Coated in hot sauce with fiery jalapeño tzatziki, served as: Regular 407 kcal 7.29 | Large (to share) 1450 kcal 12.79

Sweet Chilli Chicken Wings

Salt & pepper chicken wings served with sweet chilli sauce: Regular 404 kcal 7.29 | Large (to share) 1503 kcal 12.79

LUNCH BITES

Monday to Saturday, 12pm - 5pm

Served with skin-on fries (V) as standard, or swap to a side salad (VE) for a lighter lunch.

UPGRADE TO CAJUN-TOPPED FRIES (V) FOR 1.00 +111 kcal

Ham & Cheese Melt 9.79

A classic melt with savoury ham and rich cheese and mustard sauce served on focaccia bread with a side of fries. 1067 kcal

Our Favourite

Open Steak

Sandwich* 10.49

Tender slices of 5oz* rump steak, sliced mushrooms and peppercorn sauce* on crusty ciabatta bread. 874 kcal

Our Fish Finger Sandwich 9.79

Crispy Whitby™ battered cod goujons in fresh focaccia bread, layered with lettuce, mushy peas, and tangy tartare sauce. 1048 kcal

Falafel Salad Wrap* (V) 9.29

Sweet potato, chickpea & apricot falafel*, tomato, salad and chipotle chilli relish in a flatbread. 786 kcal

Vegan serve available (VE) 477 kcal

Chicken, Bacon and Avocado Wrap 9.29

Chargrilled chicken, back bacon and ripe avocado in a flatbread. 869 kcal

ORDER FROM YOUR TABLE

No need to get up – we'll bring your pub favourites to you. Scan the QR code, find your local and place your order.



our Ember Classics

Hunter's Chicken Schnitzel 14.79

Breaded chicken breast, topped with BBQ sauce, back bacon and melted mature Cheddar. Served with skin-on fries and a dressed side salad.

Grilled Seabass Fillets 15.49

Delight in our perfectly grilled seabass, served on a vibrant sweet potato and chickpea curry, complemented by Tenderstem* broccoli. 719 kcal

BBQ Beef Rib Mac & Cheese 18.79

Indulge in our creamy mac & cheese, topped with a tender slow-cooked rib of beef, rich gravy, crispy onion fries, and a drizzle of BBQ sauce. 1220 kcal

Sausages and Mash* 12.49

Three British farm-assured pork sausages served with mashed potato, ale & onion gravy, topped with onion fries. 838 kcal

Scampi and Chips 12.79

Whitby TM wholetail scampi, served with seasoned chips, garden peas and tartare sauce. $883 \, kcal$

Haddock and Chips 14.29

Freshly battered haddock, served with seasoned chips, mushy peas and tartare sauce. 1149 kcal

ADD Bread & Butter (V) +1.00

White +420 kcal

or Seeded Wholemeal +393 kcal

Our Signature Steak Pie* 15.79

Savour our classic steak pie with Guinness[®], served with creamy mashed potatoes, mixed greens, roasted carrots and a rich, savoury gravy. 1300 kcal

Our Favourite

Posh Fish and Chips 15.49

Two hand-battered sea bass fillets, served with seasoned chips, mushy peas and tartare sauce. 1234 kcgl

Thick Cut Gammon Steak 14.29

Served with seasoned chips, garden peas, grilled tomato and your choice of two Free-Range Eggs (+276 kcal), Pineapple (+90 kcal) or Free-Range Egg & Pineapple (+229 kcal). 689 kcal.

Halloumi and Chips (V) 13.49

Freshly battered halloumi, served with seasoned chips, mushy peas and tartare sauce. 1323 kcal

Beef & Red Wine Lasagne^{*} 12.79

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 706 kcal

Rainbow Lasagne (VE) 11.99

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. $444\,kcal$

Our Favourite

Shepherd's Pie 15.79

Pulled lamb topped with mashed potato and Cheddar cheese, served with mixed greens and roasted carrots. 711 kcal

Gobi Dhansak Curry (VE) 12.99

A delicious blend of vegetables, lentils and chickpeas. Served with pilau rice and two naan breads. 801 kcal

Chicken Tikka Masala 13,49

Marinated chicken served in a spiced aromatic tikka masala curry sauce. Served with pilau rice and two naan breads. $995\,kcal$

ADD Gunpowder Potato Samosas (V) +3.49

Served with mango chutney and fiery jalapeño tzatziki. 330 kcal

ADD Poppadoms & Chutney (V) +1.50

Served with a mango chutney and fiery jalapeño tzatziki. 281 kcal

BURGERS

All our burgers are served with skin-on fries (V)

Cheese and Bacon Burger

Topped with Monterey Jack cheese and grilled back bacon. Served in a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce.

Beef

Single 886 kcal 13.79 | Double 1029 kcal 15.79

Chargrilled Chicken Breast

Single 913 kcal 13.79 | Double 1081 kcal 15.79

ADD A LITTLE EXTRA FOR 1.00

BBQ Sauce (VE) 181 kcal Onion Fries (V) 90 kcal Cheese (V) 65 kcal Bacon 75 kcal

UPGRADE TO CAJUN-TOPPED FRIES (V)(V) +1.00 +111 kcal HALLOUMI FRIES (V) +2.00 +49 kcal

Our Favourite

Ultimate Burger 15.49

Beef burger, fiery chicken fries, cheese and back bacon topped with cheese sauce and onion fries served with southern gravy in a brioche-style bun. $1186\ kcal$

Falafel & Spinach Burger (V) 12.99

Topped with Cathedral City® plant-based slice. Served on a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce. 886 kcal Vegan serve available (VE) 577 kcal

Our Favourite

Hot and Spicy Chicken Burger 13.99

Hot and spicy coated chicken fillet topped with cheese, back bacon, hash brown and southern gravy in a brioche-style bun. 1050 kcal

FROM OUR GRILL

Our steaks are expertly aged for depth of flavour and served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries.

8oz* Sirloin Steak 1146 kcal 18.29

8oz* Rump Steak 990 kcal 16.49

DOUBLE UP 8oz* Rump Steak +408 kcal +5.00

ADD A SAUCE FOR 1.79

Peppercorn Sauce* 82 kcal Beef Dripping Gravy 157 kcal

Surf & Turf 19.49

Mature 8oz" tender rump steak chargrilled to order, served with panko-breaded butterflied prawns. 1060 kcgl

UPGRADE 8oz* Sirloin Steak +156 kcal +1.80

Our Favourite

Mixed Grill 18.79

Grilled 5oz" rump steak, chargrilled chicken breast, thick-cut gammon steak, two British farm-assured pork sausages and two free-range fried eggs. $1658\,kcal$

DOUBLE UP 5oz* Rump Steak +255 kcal +4.70

OUR SKEWERS

Halloumi Skewer (V) 14.29

Served on a flatbread with fiery jalapeño tzatziki, gem lettuce, mixed grains, pink pickled onions and hot sauce. Served with skin-on fries. 1242 kcal

Tandoori Chicken Skewer 14.49

Served on a flatbread with fiery jalapeño tzatziki, gem lettuce, mixed grains, pink pickled onions and hot sauce. Served with skin-on fries. 1031 kcal

UPGRADE TO CAJUN-TOPPED FRIES (V) FOR 1.00 +111 kcal

Sundays Together

JOIN US WITH YOUR FAMILY AND FRIENDS AND ENJOY OUR SUNDAY MENU WITH PLENTY OF CHOICE FOR ALL THE FAMILY

There's something for everyone!

SALADS

Chicken, Bacon and Avocado Salad 12.99

Chargrilled chicken breast, back bacon, ripe avocado, fresh sliced tomatoes and little gem lettuce tossed in a zesty dressing. 570 kcal

Avocado and Mixed Grain Salad (VE) 11.49

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. $442\,kcal$

ADD Halloumi Skewer (V) +422 kcal +3.00

ADD Chicken Tandoori Skewer +212 kcal +3.49

ADD Sweet Potato, Chickpea & Apricot Falafel* (VE) +137 kcal +3.00

on the Side

Seasoned Chips (V) 2.79

403 kcal

Skin-on Fries (V) 2.79

384 kcal

Our Favourite

Cajun-topped Fries (V) 3.79

Cajun-dusted skin-on fries with spicy mayo. 494 kcal

Dressed Side Salad (VE) 2.79

75 kcal

Onion Fries (V) 2.79

181 kcal

Mac & Cheese (V) 2.79

392 kcal

Garlic Ciabatta (V) 2.79

205 kcal

Cheesy Garlic Ciabatta (V) 3.49 303 kcal

303 kcal

Mixed Greens (VE) 2.79

83 kcal

Set Menu

DAYTIME MENU

MON to FRI 12PM till 5PM

3 courses 13.99 | 2 courses 11.99 1 course 9.99

EVENING MENU

MON to FRI from 5PM

3 courses 17.29 2 courses 14.79

STARTERS

Beer Battered Mushrooms* (V)

Served with garlic mayonnaise. 318 kcal

Spiced Parsnip &

Sweet Potato Soup (V)

Served with butter and seeded farmhouse sliced bread. 394 kcal
Vegan serve available (VE) 301 kcal

Garlic Ciabatta (V) 385 kcal

Panko-Breaded Butterflied Prawns

Served with chipotle chilli relish. 180 kcal

BBO Chicken Wings

Coated in classic BBQ sauce. 374 kcal

Nachos (V

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeños and spring onions. 497 kcal

DAYTIME MAINS

Chargrilled Chicken Breast

Served with seasoned chips, garden peas and your choice of BBQ Sauce (VE) (+181 kcal), Hot Sauce (V) (+86 kcal) or Gravy (+43 kcal). 644 kcal

Sausages & Mash*

Two British farm-assured pork sausages served with mashed potato and ale & onion gravy. 583 kcal

Hand-Carved Ham, Egg and Chips

Ham with two free-range fried eggs, seasoned chips and peas. 990 kcal

Mac & Cheese (V)

Macaroni in a Cheddar cheese sauce served with garlic ciabatta, topped with crushed tortilla chips and crispy onions. 976 kcal

Halloumi and Chips (V)

Freshly battered halloumi, served with seasoned chips, mushy peas and tartare sauce. 1323 kcal

Our Favourite

Fisherman's Catch

A delightful mix of Whitby™ scampi, panko-breaded prawns, and Whitby™ cod goujons, served with chips, peas and tartare sauce. 933 kcal

Avocado and Mixed Grain Salad (VE)

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. 442 kcal

ADD Halloumi Skewer (V) 422 kcal +3.00

ADD Chicken Tandoori Skewer 212 kcal +3.49

ADD Sweet Potato, Chickpea & Apricot Falafel* (VE) 137 kcal +3.00

EVENING MAINS

Classic Chicken Burger

Served in a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato and burger sauce, with a side of skin-on fries. 772 kcal

ADD Cheese and Bacon +140 kcal +1.50

DOUBLE UP +169 kcal +2.00

Scampi and Chips

Whitby[™] wholetail scampi, served with seasoned chips, garden peas and tartare sauce. 883 kcal

Chicken Tikka Masala

Marinated chicken served in a spiced aromatic tikka masala curry sauce. Served with pilau rice and two naan breads. $995\,kcal$

Classic Beef Burger

Served in a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato and burger sauce, with a side of skin-on fries. 746 kcal

ADD Cheese and Bacon +140 kcal +1.50

DOUBLE UP +142 kcal +2.00

Rainbow Lasagne (VE)

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. $444\ kcal$

Thick Cut Gammon Steak

Served with seasoned chips, garden peas, grilled tomato and your choice of two Free-Range Eggs (+276 kcal), Pineapple (+90 kcal) or Free-Range Egg & Pineapple (+229 kcal). 689 kcal.

Beef & Red Wine Lasagne*

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 706 kcal

8oz* Rump Steak +2.50

Grilled to order, served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries. 990 kcal

DESSERTS

Chocolate Orange Sponge Pudding (V)

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 765 kcal

Sticky Toffee Pudding (V)

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+222 kcal) or thick custard (+86 kcal), 266 kcal

Vanilla Ice Cream (V) 446 kcal

Caramel Cheezecake (VE)

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. $681\,kcal$

Crème Brûlée (V)

Indulge in our rich custard base topped with a layer of caramelized sugar, served with ${\sf Biscoff}^*$ biscuits. 404~kcal

DESSERTS

Apple & Blackcurrant Crumble (V) 6.79

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+222 kcal) or thick custard (+86 kcal). 430 kcal

Our Favourite

Sticky Toffee Pudding (V) 6.49

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+222 kcal) or thick custard (+86 kcal). 266 kcal

Chocolate Orange Sponge Pudding (V) 6.79

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 765 kcal

Caramel Cheezecake (VE) 6.79

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. $681\,kcal$

Biscoff® Sundae (V) 6.79

Vanilla pod ice cream topped with fluffy cream, Biscoff* biscuits and Biscoff* sauce. 1025 kcal

Belgian Chocolate Brownie (V) 6.49

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. 843 kcal

Strawberry & Raspberry Eton Mess Sundae (V) 6.79

Pieces of melt-in-your mouth meringue with fluffy cream, fruit and vanilla pod ice cream. 671 kcal

Our Favourite

Crème Brûlée (V) 6.79

Indulge in our rich custard base topped with a layer of caramelized sugar, served with Biscoff® biscuits. 404 kcal

Best of Both

ENJOY A MINI PUDDING & TEA OR COFFEE FOR 6.79

Mini Belgian Chocolate Brownie (V) 533 kcal

555 KCUI

Mini Crème Brûlée (V)

205 kcal

Mini Strawberry & Raspberry Eton Mess Sundae (V)

345 kcal

HOT DRINKS

Our 100% Arabica RFA certified coffee offers a medium body and delicate taste~.

Espresso 9 kcal 2.79

Americano 11 kcal 2.99

Latte 108 kcal 2.99

ADD Vanilla Syrup Shot 34 kcal +50p ADD Caramel Syrup Shot 32 kcal +50p

Cappuccino 151 kcal 2.99

Mocha 157 kcal 2.99





100% Arabica RFA certified coffee~.

Flat White 84 kcal 3.29

Iced Black Coffee 9 kcal 3.29

ADD Vanilla Syrup Shot 34 kcal +50p ADD Caramel Syrup Shot 32 kcal +50p

Tea 2.49

Choose from: Breakfast Tea, Earl Grey, Peppermint, Green Tea or Fruit Infusion *0 kcal*

Hot Chocolate 132 kcal 3.29

ADD Baileys** +158 kcal +2.00

All hot drinks are served with a Biscoff* biscuit (V) 18 kcal. Decaffeinated and milk alternatives¹ available upon request.

ENJOY EMBER INNS AT HOME‡

Visit emberinns.co.uk/takeaway or scan the QR code. Find your local and place an order for takeaway or delivery. Put your feet up and enjoy pub classics at home!

[‡]Available at selected Ember Inns only.



Adults need around 2000 kcal a day.

(V) made with vegetarian ingredients. (VE) made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know <u>before</u> ordering.

All calories are correct at the time of menu print. Live nutrition information is available online. All items are subject to availability. Set Menus are not available on national bank holidays. Fish dishes may contain small bones. "All weights stated are approximate and prior to cooking. This dish contains alcohol. Prices include VAT at the current rate. Biscoff" is a registered trademark of Lotus Bakeries. Cathedral City" is a trademark owned by Dairy Crest Limited, trading as Saputo Dairy UK. Baileys" and Guinness" are a registered trademark of Diageo. "Not applicable for decaffeinated coffee (not Rainforest Alliance certified). †Available as part of selected hot drinks, please ask our team.

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