

EATS

*step into*

**COMFORTING  
FLAVOURS**

*enjoyed*

**AT OUR  
TABLE**

 EMBER INNS

## STARTERS & SHARERS

### Sticky Salt & Pepper Chicken 6.29

Tender bites glazed in sweet chilli. 889 kcal

### Chargrilled Lamb Koftas 6.29

With pink pickled onions, chilli relish, fiery jalapeño tzatziki and crispy onions. 420 kcal

### Panko-Breaded Butterflied Prawns 6.29

Served with chipotle chilli relish. 180 kcal

### Beer Battered Mushrooms\* (V) 5.49

Served with garlic mayonnaise. 318 kcal

*Our Favourite*

### Spicy Chicken Sharing Nachos 10.49

Tortilla chips topped with spicy chicken fries, cheese sauce, sour cream, southern gravy, guacamole, jalapeños and spring onions. 1111 kcal

### Sharing Nachos (V) 8.99

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeños and spring onions. 915 kcal

### Spiced Parsnip & Sweet Potato Soup (V) 5.29

Served with butter and seeded farmhouse sliced bread. 394 kcal

Vegan serve available (VE) 301 kcal

*Our Favourite*

### Salt & Pepper Calamari 6.29

Served with sweet chili sauce and a lemon wedge. 228 kcal

### Sweet Potato, Chickpea & Apricot Falafel\* (VE) 6.29

With pink pickled onions, chilli relish and crispy onions. 225 kcal

### Halloumi Fries (V) 6.29

Crispy halloumi fries with Roquito™ hot honey, a perfect mix of sweet and spicy. 494 kcal

### Garlic Ciabatta (V) 385 kcal 5.29

### Cheesy Garlic Ciabatta (V) 580 kcal 6.29

## OUR WINGS

### BBQ Chicken Wings

Coated in classic BBQ sauce, served as:

Regular 374 kcal 6.29 | Large (to share) 1419 kcal 12.29

### Hot & Fiery Chicken Wings

Coated in hot sauce with fiery jalapeño tzatziki, served as:

Regular 407 kcal 6.29 | Large (to share) 1450 kcal 12.29

### Sweet Chilli Chicken Wings

Salt & pepper chicken wings served with sweet chilli sauce:

Regular 404 kcal 6.29 | Large (to share) 1503 kcal 12.29

## LUNCH BITES

Monday to Saturday, 12pm - 5pm

Served with skin-on fries (V) as standard, or swap to a side salad (VE) for a lighter lunch.

**UPGRADE TO CAJUN-TOPPED FRIES (V) FOR 1.00 +111 kcal**

### Ham & Cheese Melt 8.79

A classic melt with savoury ham and rich cheese and mustard sauce served on focaccia bread with a side of fries. 1067 kcal

*Our Favourite*

### Open Steak Sandwich\* 9.79

Tender slices of 5oz\* rump steak, sliced mushrooms and peppercorn sauce\* on crusty ciabatta bread. 874 kcal

### Our Fish Finger Sandwich 8.79

Crispy Whitby™ battered cod goujons in fresh focaccia bread, layered with lettuce, mushy peas, and tangy tartare sauce. 1048 kcal

### Falafel Salad Wrap\* (V) 8.29

Sweet potato, chickpea & apricot falafel\*, tomato, salad and chipotle chilli relish in a flatbread. 786 kcal

Vegan serve available (VE) 477 kcal

### Chicken, Bacon and Avocado Wrap 8.29

Chargrilled chicken, back bacon and ripe avocado in a flatbread. 869 kcal

## ORDER FROM YOUR TABLE

No need to get up – we'll bring your pub favourites to you.  
Scan the QR code, find your local and place your order.



Adults need around 2000 kcal per day.

## Our Ember Classics

### Hunter's Chicken Schnitzel 13.29

Breaded chicken breast, topped with BBQ sauce, back bacon and melted mature Cheddar. Served with skin-on fries and a dressed side salad. *1370 kcal*

### Grilled Seabass Fillets 13.99

Delight in our perfectly grilled seabass, served on a vibrant sweet potato and chickpea curry, complemented by Tenderstem® broccoli. *719 kcal*

### BBQ Beef Rib Mac & Cheese 17.29

Indulge in our creamy mac & cheese, topped with a tender slow-cooked rib of beef, rich gravy, crispy onion fries, and a drizzle of BBQ sauce. *1220 kcal*

### Sausages and Mash\* 10.99

Three British farm-assured pork sausages served with mashed potato, ale & onion gravy, topped with onion fries. *838 kcal*

### Scampi and Chips 11.29

Whitby™ wholetail scampi, served with seasoned chips, garden peas and tartare sauce. *883 kcal*

### Haddock and Chips 12.79

Freshly battered haddock, served with seasoned chips, mushy peas and tartare sauce. *1149 kcal*

#### ADD Bread & Butter (V) +1.00

White +420 kcal

or Seeded Wholemeal +393 kcal

### Our Signature Steak Pie\* 14.29

Savour our classic steak pie with Guinness®, served with creamy mashed potatoes, mixed greens, roasted carrots and a rich, savoury gravy. *1300 kcal*

*Our Favourite*

### Posh Fish and Chips 13.99

Two hand-battered sea bass fillets, served with seasoned chips, mushy peas and tartare sauce. *1234 kcal*

### Thick Cut Gammon Steak 12.79

Served with seasoned chips, garden peas, grilled tomato and your choice of two Free-Range Eggs (+276 kcal), Pineapple (+90 kcal) or Free-Range Egg & Pineapple (+229 kcal). *689 kcal*

### Halloumi and Chips (V) 11.99

Freshly battered halloumi, served with seasoned chips, mushy peas and tartare sauce. *1323 kcal*

### Beef & Red Wine Lasagne\* 11.29

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. *706 kcal*

### Rainbow Lasagne (VE) 10.49

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. *444 kcal*

*Our Favourite*

### Shepherd's Pie 14.29

Pulled lamb topped with mashed potato and Cheddar cheese, served with mixed greens and roasted carrots. *711 kcal*

### Gobi Dhansak Curry (VE) 11.49

A delicious blend of vegetables, lentils and chickpeas. Served with pilau rice and two naan breads. *801 kcal*

### Chicken Tikka Masala 11.99

Marinated chicken served in a spiced aromatic tikka masala curry sauce. Served with pilau rice and two naan breads. *995 kcal*

#### ADD Gunpowder Potato Samosas (V) +3.49

Served with mango chutney and fiery jalapeño tzatziki. *330 kcal*

#### ADD Poppadoms & Chutney (V) +1.50

Served with a mango chutney and fiery jalapeño tzatziki. *281 kcal*

## BURGERS

*All our burgers are served with skin-on fries (V)*

### Cheese and Bacon Burger

Topped with Monterey Jack cheese and grilled back bacon. Served in a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce.

#### Beef

Single *886 kcal* 12.29 | Double *1029 kcal* 14.29

#### Chargrilled Chicken Breast

Single *913 kcal* 12.29 | Double *1081 kcal* 14.29

#### ADD A LITTLE EXTRA FOR 1.00

BBQ Sauce (VE) *181 kcal* Onion Fries (V) *90 kcal*  
Cheese (V) *65 kcal* Bacon *75 kcal*

#### UPGRADE TO

CAJUN-TOPPED FRIES (V) (V) +1.00 +111 kcal  
HALLOUMI FRIES (V) +2.00 +49 kcal

*Our Favourite*

### Ultimate Burger 13.99

Beef burger, fiery chicken fries, cheese and back bacon topped with cheese sauce and onion fries served with southern gravy in a brioche-style bun. *1186 kcal*

### Falafel & Spinach Burger (V) 11.49

Topped with Cathedral City® plant-based slice. Served on a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce. *886 kcal*  
Vegan serve available (VE) *577 kcal*

*Our Favourite*

### Hot and Spicy Chicken Burger 12.49

Hot and spicy coated chicken fillet topped with cheese, back bacon, hash brown and southern gravy in a brioche-style bun. *1050 kcal*



## FROM OUR GRILL

Our steaks are expertly aged for depth of flavour and served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries.

**8oz<sup>+</sup> Sirloin Steak** 1146 kcal **16.79**

**8oz<sup>+</sup> Rump Steak** 990 kcal **14.99**

**DOUBLE UP 8oz<sup>+</sup> Rump Steak** +408 kcal **+5.00**

**Surf & Turf** 17.99

Mature 8oz<sup>+</sup> tender rump steak chargrilled to order, served with panko-breaded butterflied prawns. 1060 kcal

**UPGRADE 8oz<sup>+</sup> Sirloin Steak** +156 kcal **+1.80**

**ADD A SAUCE FOR 1.79**

Peppercorn Sauce\* 82 kcal

Beef Dripping Gravy 157 kcal

*Our Favourite*

**Mixed Grill** 17.29

Grilled 5oz<sup>+</sup> rump steak, chargrilled chicken breast, thick-cut gammon steak, two British farm-assured pork sausages and two free-range fried eggs. 1658 kcal

**DOUBLE UP 5oz<sup>+</sup> Rump Steak** +255 kcal **+4.70**

## OUR SKEWERS

**Halloumi Skewer** (V) 12.79

Served on a flatbread with fiery jalapeño tzatziki, gem lettuce, mixed grains, pink pickled onions and hot sauce. Served with skin-on fries. 1242 kcal

**Tandoori Chicken Skewer** 12.99

Served on a flatbread with fiery jalapeño tzatziki, gem lettuce, mixed grains, pink pickled onions and hot sauce. Served with skin-on fries. 1031 kcal

**UPGRADE TO CAJUN-TOPPED FRIES** (V) **FOR 1.00** +111 kcal

*Sundays Together*

**JOIN US WITH YOUR FAMILY AND FRIENDS AND ENJOY OUR SUNDAY MENU WITH PLENTY OF CHOICE FOR ALL THE FAMILY**

*There's something for everyone!*

## SALADS

**Chicken, Bacon and Avocado Salad** 11.49

Chargrilled chicken breast, back bacon, ripe avocado, fresh sliced tomatoes and little gem lettuce tossed in a zesty dressing. 570 kcal

**Avocado and Mixed Grain Salad** (VE) 9.89

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. 442 kcal

**ADD Halloumi Skewer** (V) +422 kcal **+3.00**

**ADD Chicken Tandoori Skewer** +212 kcal **+3.49**

**ADD Sweet Potato, Chickpea & Apricot Falafel\*** (VE) +137 kcal **+3.00**

*On the Side*

**Seasoned Chips** (V) 2.79

403 kcal

**Skin-on Fries** (V) 2.79

384 kcal

*Our Favourite*

**Cajun-topped Fries** (V) 3.79

Cajun-dusted skin-on fries with spicy mayo. 494 kcal

**Dressed Side Salad** (VE) 2.79

75 kcal

**Onion Fries** (V) 2.79

181 kcal

**Mac & Cheese** (V) 2.79

392 kcal

**Garlic Ciabatta** (V) 2.79

205 kcal

**Cheesy Garlic Ciabatta** (V) 3.49

303 kcal

**Mixed Greens** (VE) 2.79

83 kcal

# Set Menu

## DAYTIME MENU

MON to FRI 12PM till 5PM

3 courses 12.49 | 2 courses 10.49

1 course 8.49

## EVENING MENU

MON to FRI from 5PM

3 courses 15.79

2 courses 13.29

## STARTERS

### Beer Battered Mushrooms\* (V)

Served with garlic mayonnaise. 318 kcal

### Spiced Parsnip &

### Sweet Potato Soup (V)

Served with butter and seeded farmhouse sliced bread. 394 kcal

Vegan serve available (VE) 301 kcal

### Garlic Ciabatta (V) 385 kcal

### Panko-Breaded Butterflied Prawns

Served with chipotle chilli relish. 180 kcal

### BBQ Chicken Wings

Coated in classic BBQ sauce. 374 kcal

### Nachos (V)

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeños and spring onions. 497 kcal

## DAYTIME MAINS

### Chargrilled Chicken Breast

Served with seasoned chips, garden peas and your choice of BBQ Sauce (VE) (+181 kcal), Hot Sauce (V) (+86 kcal) or Gravy (+43 kcal). 644 kcal

### Sausages & Mash\*

Two British farm-assured pork sausages served with mashed potato and ale & onion gravy. 583 kcal

### Hand-Carved Ham, Egg and Chips

Ham with two free-range fried eggs, seasoned chips and peas. 990 kcal

### Mac & Cheese (V)

Macaroni in a Cheddar cheese sauce served with garlic ciabatta, topped with crushed tortilla chips and crispy onions. 976 kcal

### Halloumi and Chips (V)

Freshly battered halloumi, served with seasoned chips, mushy peas and tartare sauce. 1323 kcal

*Our Favourite*

### Fisherman's Catch

A delightful mix of Whitby™ scampi, panko-breaded prawns, and Whitby™ cod goujons, served with chips, peas and tartare sauce. 933 kcal

### Avocado and Mixed Grain Salad (VE)

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. 442 kcal

**ADD Halloumi Skewer (V) 422 kcal +3.00**

**ADD Chicken Tandoori Skewer 212 kcal +3.49**

**ADD Sweet Potato, Chickpea & Apricot Falafel\* (VE) 137 kcal +3.00**

## EVENING MAINS

### Classic Chicken Burger

Served in a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato and burger sauce, with a side of skin-on fries. 772 kcal

**ADD Cheese and Bacon +140 kcal +1.50**

**DOUBLE UP +169 kcal +2.00**

### Scampi and Chips

Whitby™ wholetail scampi, served with seasoned chips, garden peas and tartare sauce. 883 kcal

### Chicken Tikka Masala

Marinated chicken served in a spiced aromatic tikka masala curry sauce. Served with pilau rice and two naan breads. 995 kcal

### Classic Beef Burger

Served in a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato and burger sauce, with a side of skin-on fries. 746 kcal

**ADD Cheese and Bacon +140 kcal +1.50**

**DOUBLE UP +142 kcal +2.00**

### Rainbow Lasagne (VE)

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. 444 kcal

### Thick Cut Gammon Steak

Served with seasoned chips, garden peas, grilled tomato and your choice of two Free-Range Eggs (+276 kcal), Pineapple (+90 kcal) or Free-Range Egg & Pineapple (+229 kcal). 689 kcal.

### Beef & Red Wine Lasagne\*

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 706 kcal

### 8oz\* Rump Steak +2.50

Grilled to order, served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries. 990 kcal

## DESSERTS

### Chocolate Orange Sponge Pudding (V)

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 765 kcal

### Sticky Toffee Pudding (V)

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+222 kcal) or thick custard (+86 kcal). 266 kcal

### Vanilla Ice Cream (V) 446 kcal

### Caramel Cheezecake (VE)

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. 681 kcal

### Crème Brûlée (V)

Indulge in our rich custard base topped with a layer of caramelized sugar, served with Biscoff® biscuits. 404 kcal

## DESSERTS

### Apple & Blackcurrant

#### Crumble (V) 6.29

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+222 kcal) or thick custard (+86 kcal). 430 kcal

*Our Favourite*

#### Sticky Toffee Pudding (V) 5.99

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+222 kcal) or thick custard (+86 kcal). 266 kcal

### Chocolate Orange

#### Sponge Pudding (V) 6.29

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 765 kcal

#### Caramel Cheezecake (VE) 6.29

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. 681 kcal

#### Biscoff® Sundae (V) 6.29

Vanilla pod ice cream topped with fluffy cream, Biscoff® biscuits and Biscoff® sauce. 1025 kcal

#### Belgian Chocolate Brownie (V) 5.99

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. 843 kcal

### Strawberry & Raspberry

#### Eton Mess Sundae (V) 6.29

Pieces of melt-in-your mouth meringue with fluffy cream, fruit and vanilla pod ice cream. 671 kcal

*Our Favourite*

#### Crème Brûlée (V) 6.29

Indulge in our rich custard base topped with a layer of caramelized sugar, served with Biscoff® biscuits. 404 kcal

Best of Both  
ENJOY A MINI  
PUDDING & TEA OR  
COFFEE FOR 6.29

Mini Belgian  
Chocolate Brownie (V)  
533 kcal

Mini Crème Brûlée (V)  
205 kcal

Mini Strawberry & Raspberry  
Eton Mess Sundae (V)  
345 kcal

## HOT DRINKS



100% Arabica  
RFA certified coffee~.

Our 100% Arabica RFA certified coffee offers a medium body and delicate taste~.

#### Espresso 9 kcal 2.79

#### Americano 11 kcal 2.99

#### Latte 108 kcal 2.99

ADD Vanilla Syrup Shot 34 kcal +50p

ADD Caramel Syrup Shot 32 kcal +50p

#### Cappuccino 151 kcal 2.99

#### Mocha 157 kcal 2.99

#### Flat White 84 kcal 3.29

#### Iced Black Coffee 9 kcal 3.29

ADD Vanilla Syrup Shot 34 kcal +50p

ADD Caramel Syrup Shot 32 kcal +50p

#### Tea 2.49

Choose from: Breakfast Tea, Earl Grey, Peppermint, Green Tea or Fruit Infusion 0 kcal

#### Hot Chocolate 132 kcal 3.29

ADD Baileys® +158 kcal +2.00

All hot drinks are served with a Biscoff® biscuit (V) 18 kcal.  
Decaffeinated and milk alternatives¹ available upon request.

## ENJOY EMBER INNS AT HOME‡

Visit [emberinns.co.uk/takeaway](https://emberinns.co.uk/takeaway) or scan the QR code.  
Find your local and place an order for takeaway or delivery.  
Put your feet up and enjoy pub classics at home!

‡Available at selected Ember Inns only.



Adults need around 2000 kcal a day.

(V) made with vegetarian ingredients. (VE) made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know [before ordering](#).

All calories are correct at the time of menu print. Live nutrition information is available online. All items are subject to availability. Set Menus are not available on national bank holidays. Fish dishes may contain small bones. \*All weights stated are approximate and prior to cooking. †This dish contains alcohol. Prices include VAT at the current rate. Biscoff® is a registered trademark of Lotus Bakeries. Cathedral City® is a trademark owned by Dairy Crest Limited, trading as Saputo Dairy UK. Baileys® and Guinness® are a registered trademark of Diageo. ~Not applicable for decaffeinated coffee (not Rainforest Alliance certified). †Available as part of selected hot drinks, please ask our team.