

LITTLE ONES

step into

**BIG
FLAVOURS**

for

**LITTLE
APPETITES**

STARTERS

Garlic Ciabatta (V)

With sour cream dip. 262 kcal

Chicken Wings

With BBQ dipping sauce. 245 kcal

Heinz® Tomato Soup (V)

Includes 1 of your 5-a-day. 105 kcal



UNDER 6s MAINS

4.99

Choose a main meal + 1 side and 1 veg **or** 2 veg

Chicken Nuggets

Five crispy-coated chicken nuggets. 215 kcal

Whitby™ Cod Goujons

Two cod goujons. 149 kcal

Pork Sausages

Two grilled pork sausages. 181 kcal

Cheese & Tomato Pizza 228 kcal

Tomato Pasta (VE)

Penne pasta in a tomato sauce (excludes sides). 283 kcal

SIDES

Chips (V)

161 kcal

Rice (VE)

247 kcal

Mashed

Potato (V)

82 kcal

VEG

Salad Bowl (VE)

14 kcal

Garden Peas (VE)

1 of your 5-a-day.
50 kcal

Baked Beans (VE)

1 of your 5-a-day.
52 kcal

Sunday Mains CHICKEN OR BONE-IN BEEF RIB

Served with crisp roast potatoes, mixed greens, roasted carrots, Yorkshire pudding and gravy.

Chicken 531 kcal | Bone-in Beef Rib 585 kcal

Included in the 2 and 3 course offer.
Available every Sunday.

DESSERTS

Belgian Chocolate Brownie Sundae (V)

Cubes of chocolate brownie with vanilla ice cream and Belgian chocolate sauce, topped with fluffy cream. 532 kcal

Vanilla Ice Cream (V) 496 kcal

BUILD YOUR MEAL

Please order all courses at the same time for the deal price to apply.

UNDER 6S

3 courses 6.99

2 courses 5.99

6 & OVER

3 courses 7.99

2 courses 6.99

ADD YOUR FAVOURITE DRINK

Fruit Shoot® +1.00

J20® +2.00

Apple & Raspberry or

Orange & Passion Fruit

Fresh tap water is available.



6 & OVER MAINS

5.99

Choose a main meal + 1 side

Chicken Burger Sliders

Chargrilled chicken breast served in mini buns with melted cheese, lettuce and tomato. 263 kcal

Beef Burger Sliders

Chargrilled beef burgers served in mini buns with melted cheese, lettuce and tomato. 302 kcal

Chargrilled BBQ Chicken

Grilled chicken breast topped with BBQ sauce and melted cheese, served with a salad bowl. 251 kcal

Pork Sausages

Three grilled pork sausages with garden peas and gravy. 315 kcal

Mild Chicken Curry

Served with rice (excludes sides). 424 kcal

Breaded Scampi

Served with garden peas. 225 kcal

Whitby™ Cod Goujons

Three cod goujons served with garden peas. 249 kcal

Tomato Pasta (V)

Penne pasta in a tomato sauce served with garlic bread (excludes sides). 475 kcal

SIDES

Chips (V) 161 kcal

Rice (VE) 247 kcal

Mashed Potato (V) 82 kcal



Little Jude's Fruit & Veg Rocket

Ice Lolly (V) 23 kcal

Berry Mess (V)

Crushed meringue pieces, fluffy cream and raspberries in sauce. 127 kcal

(V) - made with vegetarian ingredients, (VE) - made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know before ordering.

All calories are correct at the time of menu print. Live nutrition information is available online. One of your child's 5-a-day portions is based on a minimum 60g serving of fruit or veg. Main meals now contain no more than 1.7g of salt and comply with Government Salt Targets for 2024. Fish dishes may contain small bones. All items are subject to availability. J20® and Robinsons Fruit Shoot® are registered trade marks of Britvic Soft Drinks Ltd. Birds Eye® is a registered trademark of Nomad Foods Europe Limited. Prices include VAT at the current rate.